



Guaranty Trust Bank plc
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SMART KIDS SAVE *Quarterly Newsletter*

Hi Smart Kids!

Let's welcome you to our first e-newsletter!

In this newsletter we have an interesting story about a girl called Emma who had a huge secret and kept it for a long time.
We have another cool story about a boy and his gumballs.

We also have the latest gist about our brand new Smart Kids Save microsite (thats a mini site within a website), school support and awesome facts and brain teasers that will make you even smarter.

Enjoy the read! Share with your friends
and invite them to www.gtbank.com/sks

A Story A Day from **Didi & Smarty**

Hey, I am sure you would like to know that Didi and Smarty will be bringing you different story every day of the week! These thrilling, fun and interesting stories will definitely teach you a lesson or two.

You can read it on the go with mummy and daddy or as a bed time story right before you fall asleep.





Today's stories... Emma's Secret



Emma had kept her secret for so long, letting it grow in her heart. But the secret was so big; she knew she couldn't keep it inside much longer. She wanted to show people how beautiful it was, like Heaven on Earth, but she wasn't sure how.

At first she noticed the secret trying to get out when she began smiling at everyone, and they smiled back. Oh, that felt good. So she did it some more. Then she saw her secret working its way out when she talked to people in the grocery store, or on the school playground, or in the neighborhood. She'd say simple things to them like, "Nice weather," or "I like your baby," or "Where'd you get those cool shoes?" And they would answer with simple "Yes it is," or "Thank you," or "At the Palms". They're real comfortable too." She found that being friendly to others made them friendly to her.

Next she tried telling some of her best jokes to someone she thought might need a good laugh. Then she would get to laugh along with them. And she made e-cards and sent it to people she thought might enjoy some mail. These were things she'd appreciate from others herself. Then she'd use her imagination to pretend to be a bird, flitting on her tiptoes down the sidewalk, singing happy songs. She liked the way the breeze brushed against her body. Next she tried being a puppy and explored the walking trail in the park, looking under bushes and growling at cats.

She would write silly stories in her notebook and paint watercolor pictures on a tablet to make herself smile. Then she would neatly tear them out and give them to her friends.

Her secret was getting out. She was sharing her happiness with others. At first she was a little afraid she might run out of good feelings for herself, but what she soon discovered was it was quickly being refilled as others shared their happiness with her.



The Boy and the Gumballs

A boy put his hand into a pitcher full of gumballs. He grasped as many as he could possibly hold, but he could not pull out his hand. The neck of the pitcher would not give way to his fist. Unwilling to lose his gumballs, and yet unable to withdraw his hand, he burst into tears and bitterly sobbed in disappointment.

A man standing nearby said to him, "Be satisfied with half a handful and you will easily draw out your hand."

Moral: Do not attempt too much at once because greed will not bring success

Brain Teasers

- What relation would your father's sister's sister-in-law be to you?
- If a rooster laid a brown egg and a white egg, what kind of chicks would hatch?
- What starts with P, ends with E, and has thousands of letters in it?
- What is alive and has only 1 foot?
- What has a neck and no head, two arms but no hands?
- What has to be broken before it can be used?
- What belongs to you but others use it more than you do?
- What kind of dress can never be worn?
- A father's child, a mother's child, yet no one's son. Who am I?
- I am always hungry; I must always be fed. The finger I touch will soon turn red. What am I?

Answers

- Your Mother
- Roosters don't lay eggs
- Post office
- Your leg
- A shirt
- An egg
- Your name
- An address
- Fire

Coolfacts



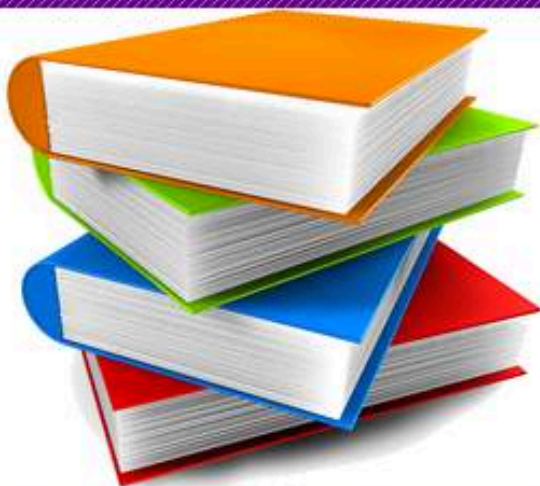
- A cat's jaw cannot move sideways
- A cockroach can live for several weeks without its head
- A goldfish has a memory span of three seconds
- A rat can last longer without water than a camel
- A snail can sleep for three years
- Your heart is made up almost entirely of muscle. It is strong enough to lift approximately 3,000 pounds, roughly the weight of a compact car
- You are taller in the morning than you are at night
- Ants do not sleep
- Butterflies taste with their feet
- During your lifetime, an average person will eat about 60,000 pounds of food. That's the weight of about 6 elephants.
- Everyone's tongue print is different

New SKS Website coming soon to a child near you!

A brand new, fun and exciting SKS website is coming soon!

There are fun games like Rebellion to play, where you and your friends can compete for the highest scores! There are stories, comics, e-books and Educational materials all courtesy of Didi, Smarty and the SKS gang!

The most exciting thing is you and your friends can be part of the SKS community! All you have to do is register here and enjoy the fun!



Educational Support for our SKS Teens

Calling all SKS Teens! We have a new educational site for you! This cool site gives you classroom support for days you couldn't grasp what was happening in class. It's pretty awesome because it has the entire curriculum for JSS1 to SS3!

It also has past question papers for exams like WAEC and JAMB for our senior SKS Teens

Go check it out now on www.passnownow.com brought to you by Smart Kids Save!



How your muscles work

Kids don't need to lift weight to have strong muscles, you just need to get a lot of active play time. Now let's learn more about our muscles. Did you know you have more than 600 muscles in your body? They do everything from pumping blood throughout your body to helping you lift your heavy books. You control some of your muscles, while others are like your heart and do their jobs without you thinking about them at all.

Muscles are all made of the same material, a type of elastic tissue (sort of like the material in a rubber band).

You have three different types of muscles in your body: involuntary muscle, cardiac muscle, and skeletal muscle.

Involuntary Muscles

They are muscles you can't control. Your brain and body tell these muscles what to do without you even thinking about it. You can't use your involuntary muscles to jump in the air. But involuntary muscles are at work all over your body. For example, these muscles keep the eyes focused.

Hearty Muscles

The muscle that makes up your heart is called cardiac muscle. It is also known as the myocardium (say: my-uh-KAR-dee-um). The thick muscles of the heart contract to pump out and then relax to let blood back in after it has circulated through the body. Just like involuntary muscle, cardiac muscle works all by itself with no help from you.

Skeletal Muscles

Now, let's talk about the kind of muscle you think of when we say "muscle" - ones that show how strong you are and let you kick the football into the goal post. These are your skeletal muscles. Skeletal muscles are voluntary muscles, which means you can control what they do. Your leg won't bend to kick the soccer ball unless you want it to.

Together, the skeletal muscles work with your bones to give your body power and strength.

Skeletal muscles come in many different sizes and shapes to allow them to do many types of jobs. Some of your biggest and most powerful muscles are in your back, near your spine. These muscles help keep you upright and standing tall.

They also give your body the power it needs to lift and push things. Muscles in your neck and the top part of your back aren't as large, but they are capable of some pretty amazing things: Try rotating your head around, back and forth, and up and down to feel the power of the muscles in your neck. These muscles also hold your head high.



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visit www.gtbank.com/sks

